

DISCOVER THE SAINT JOHN REGION
on the Bay of Fundy



YOUR OFFICIAL COMMUNITY-CURATED HANDBOOK ON:

Food and Drink



Saint John Ale House 📸 @portcitydelicious

DISCOVERSAINTJOHN.COM

THE BIG FIVE



Looking for
directions?

Scan here
with the camera on your phone
so we can show you the way!



Saint John City Market

📍 Saint John

📷 @nicolereidphotography

Two Rivers Beer Route

📍 Saint John region

📷 @drinkfoghorn



**Seafood chowder at the
St. Martins Sea Caves**

📍 St. Martins 📷 @rinermo



Market Square Boardwalk

📍 Saint John

📷 @tracey.fisher.ginger



Uptown Saint John
Over 80 bars and restaurants
in a 10-block radius

📷 @roguecoffeesj

You gotta
try it!

ten things to get in your belly

1

**Fresh doughnuts at the
Village Square Bake Shop**

📍 271 River Valley Dr.,
Grand Bay-Westfield

2

**Korean popcorn chicken
at Kim's Fry Time**

📍 174 Hampton Rd.,
Quispamsis

3

**Spicy pork at
the Northern
Chinese Kitchen**

📍 24 Coburg St.,
Saint John

4

**Fresh oysters
at Grannan's
Seafood & Grill**

📍 1 Market Square,
Saint John

5

**Wood-oven
pizza at
Pomodori Pizza**

📍 83 Hampton Rd.,
Rothesay

6

**Dulse from
Slocum & Ferris**

📍 Saint John City Market,
47 Charlotte St., Saint John

7

**Homemade ice cream at
Bella's Traditional Ice Cream**

📍 87 Germain St., Saint John

8

**Crêpes at the
Common's Crêperie**

📍 11 Hampton Rd., Rothesay

9

**Smoothies at Station 33
Cafe & Yoga**

📍 33 Railway Cres., Hampton

10

**Lobster roll at The
Caves Restaurant**

📍 82 Big Salmon River Rd.,
St. Martins



LOCALS KNOW BEST

What's your favourite...

Spot for drinks?



@reenywallace

I love scoring a seat on the patio at Happinez. When the sun is setting on a warm summer's night it's heaven.

Michelle Hooton, Chef/Owner,
Italian by Night



Coffee spot?



Garden Grove in Rothesay is a must stop for meetings in the Valley, and in uptown Saint John we are blessed with amazing places like Catapult Coffee and Rogue that could hold their own in any big city in the world.

Jesse Vergen, Owner,
Ale House Group

@purple_violet_prince

Quick lunch?



@daniebranch

One of my new favourite spots for a quick lunch is Le Simply Bistro on the East side of Saint John. They've got some healthy meal options made with fresh & real ingredients – not to mention great coffee!

Lindsay Clifford, Moosehead
Breweries



Fine dining spot?



When my husband and I want a special night out, we love the incredible food at Italian by Night. When we go out with our teens for a special family dinner, our favourite is Splash Thai Cuisine and I think we all order the same favourite dishes every time!

Danielle Timmons, Partner,
Aquila Tours

@katelynnmcCarthy

Brunch Spot?

@annielemonsugar

My wife Sarah, daughter Nova and I can often be seen getting brunch at the Queen Square Farmers Market on Sundays. We love supporting our local farmers, crafters and food stands! Falafels, dumplings, coffee and lemonade are our go-to every time.

Keith Broome, Owner,
VEGolution

Craft beer?

I would say my favourite craft beer is Foghorn, and I like to enjoy it when it is on tap at Uncorked Tours in the City Market. When it's not on tap there, I like to go to the Foghorn Taproom in Rothesay where I'm guaranteed to find all that I desire.

Kim Steele, Owner,
East Coast Bistro

@provecanada

Date night?

@canadiandisneymom

Sherry and I love to start our evenings out with a drink at Uncorked Tours in the Saint John City Market. Then we walk down to Cask and Kettle for a beer and a bite – the tap list is always changing and they pay great attention to the food.

Dave Forestell, Former owner,
Slocum & Ferris

Family dinner?

I love to take my family to Thandi. They make delicious food, served up by wonderful people and have a very cozy atmosphere.

Alex Haram, Owner,
Let's Hummus

@katebraydon

Patio?

@christina_mhunter

When it comes to tipping back a pint on a patio in Saint John, my three go-to spots are definitely the Saint John Ale House, Pepper's Pub, and Britt's Pub & Eatery, Rockwood.

Shane Steeves, Brewmaster,
Hammond River Brewing

Girl's night?

For a girls night out on the town I love a pre-dinner drink at Hopscotch – they make a mean Manhattan. For dinner, Italian by Night, always. Their food is so fresh and delicious, they cater to all dietary needs, and the ambiance can't be beat. After dinner I like to slip down to Five and Dime: they always play the best music.

Jessica Newhouse, Co-owner/
Operator, Garden Grove Café

@katebraydon



yummy saturdays

IN SAINT JOHN

1 Morning

Pick up a delicious treat from The Saturday Bakery at East Coast Bistro or head to The Art Warehouse for a mimosa while people watching on Prince William Street.

2 Brunch

Britt's patio for coconut French toast.

3 Afternoon

Enjoy a flight of local wine, beer or spirits at Uncorked Tours in the historic Saint John City Market.

4 Dinner

Neapolitan-style pizza from Pomodori Pizza, and craft beer from Picaroons General Store, conveniently located next door.

5 Nightcap

Soak in the ambiance at Hopscotch Whisky Bar with a flight of whisky.





1 Morning
Grab an Americano to go at Rogue Coffee in the coolest little alley.

2 Lunch
After some exploring head back to the alley for a take-out salad from Marci's Salads.

3 Afternoon
Enjoy a pint while throwing some axes at Woodchucks Axe Throwing.

4 Dinner
Vegetarian or not, everyone will leave satisfied from VEGolution.

5 Nightcap
Craft beer and vinyl grooves at Five and Dime.





LOCAL FLAVOURS



Station 33 Cafe & Yoga

📍 Hampton

📱 @keepinitrealestate_



Rogue Coffee

📍 Saint John

📱 @older_brother1



The Art Warehouse

📍 Saint John

📱 @sarahgtariq



Pivot Café

📍 Saint John

📱 @melissalalla

café culture

Check the back of this guide to view the full list of cafés, craft breweries, and farmers markets.



Catapult Coffee & Studio

📍 Saint John
📷 @stomilson



Shipyard Café (seasonal)

📍 St. Martins
📷 @chloedallon



JavaMoose

📍 Saint John
📷 @javamoosecoffee



ChocoZein

📍 Saint John
📷 @katebraydon



Garden Grove Café

📍 Rothesay
📷 @swebbcampbell





LOCAL FLAVOURS



Loyalist City Brewing Co.

📍 Saint John

📱 @beardzbeerz



Picaroons General Store

📍 Saint John

📱 @radiozach



Gridiron Brewing

📍 Hampton

📱 @gridironbrewing



Long Bay Brewery

📍 Rothesay

📱 @katie_bee123



Foghorn Brewing Company

📍 Rothesay 📱 @shhiloh



Hammond River Brewing Company

📍 Rothesay 📱 @joaniedespres

craft beer heaven

Check the back
of this guide to
view the full list
of cafés, craft
breweries, and
farmers markets.



**Moosehead Small Batch
Brewery**

📍 Saint John 📷 @katie_bee123



Gahan House Port City

📍 Saint John
📷 @lauraaoland



**Cask & Kettle Irish
Gastropub**

📍 Saint John 📷 @nicolevair



Big Tide Brewing Co.

📍 Saint John
📷 @thecasualdrinker



Hampton Brewing Co.

📍 Hampton
📷 @hamptonbrewingco



LOCAL FLAVOURS



Saint John City Market

📍 Saint John
📷 @bobkeays4



Saint John Night Market

📍 Saint John
📷 @discoversaintjohn



Queen Square Farmers Market

📍 Saint John 📷 @bebesforever

farmers markets

Check the back
of this guide to
view the full list
of cafés, craft
breweries, and
farmers markets.



Kingston Farmers Market

📍 Kingston

📷 @katie_bee123



Lupine Market

📍 Hampton

📷 @lupine.themarket



Brundage Point Weekly Market

📍 Grand Bay-Westfield

📷 Erin Lukie

“must tries,”


IN THE SAINT JOHN REGION

In the Saint John region we grow, and make, great ingredients.

Whether you're shopping for a picnic, looking for tips when navigating local menus, or planning the dinner party of all dinner parties, consider the following – you can't find these amazing ingredients more fresh or more tasty than you'll find them here.

These ingredients are best enjoyed seasonally.




 @kathykaufeld



Lobster

Fresh or cooked, you'll find these beautiful crustaceans for sale **direct from local suppliers and fishmongers, or at local grocery stores.** The lobster fishery is seasonal, so prices will vary.

 @slocumandferris



Dulse

Dulse is an edible low-calorie red seaweed that grows in the North Atlantic. It is high in calcium, potassium, iron and iodine, and adds a salty, umami flavour to soups, salads and sandwiches. Locals eat it like chips from the sea! You can **purchase dulse at the Saint John City Market.**

 @saintjohnfoodie

Salmon

The Saint John region is home to Cooke, one of the world's largest producers of farmed Atlantic salmon. **At the Saint John City Market,** you can find salmon a whole lot of ways, including local favourite: candied salmon...which will change your salad game forever.





@workinpants



Fiddleheads

These gorgeous green curli-ques are only available fresh in Spring, and are available at a variety of local vendors. Give them a wash, steam them up like you would broccoli, and have them with butter and lemon. Delish.



Pete Stoddart

Smelt

Fresh smelt are a cold-weather harvest for fishers around the province. Pan-fried with flour and butter, some rank them right up there with lobster and scallops on the tasty-scale. **Look for them on winter menus.**

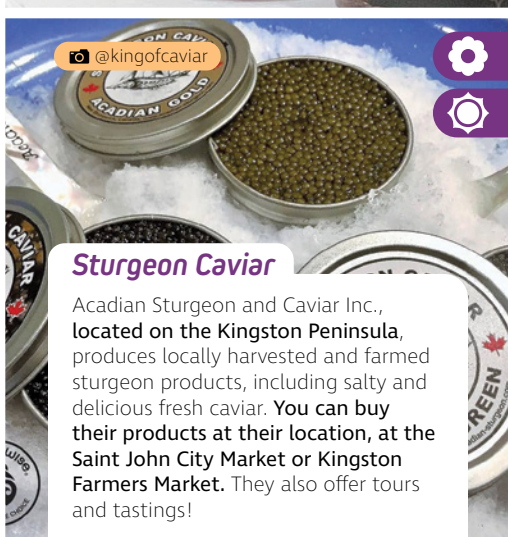


@shop.juniper



Maple Syrup

New Brunswick produces 3 million kilograms of maple syrup each year, making us the third largest producer in the world. That means Maplelicious – late winter/early spring – is a special time. The great news is that maple syrup keeps for as long as it takes you to slurp it up. **Artisanal vendors of the delicious stuff can be found throughout the region and are worth the try.**



@kingofcaviar



Sturgeon Caviar

Acadian Sturgeon and Caviar Inc., located on the Kingston Peninsula, produces locally harvested and farmed sturgeon products, including salty and delicious fresh caviar. **You can buy their products at their location, at the Saint John City Market or Kingston Farmers Market. They also offer tours and tastings!**



Blueberries

Head out on the road in New Brunswick in any direction, and you are probably going to pass a blueberry barren. Our fresh local berries are a summer crop, and are typically smaller and more flavour-packed than their bloated American cousins. **Available from roadside stands to the biggest superstores,** fresh New Brunswick blueberries find their way onto summer menus around the province.

@katie_bee123



JUMPING OFF POINTS



@jilledgecombe

Grand Bay-Westfield ► Kingston Peninsula

From Grand Bay-Westfield, use the ferry at the Brundage Point River Centre, and then head up the northern side of the Kingston Peninsula, and you'll find Yip Cider/Mackay Orchard, a lovely spot to stop and sample delicious cider.

Saint John ►

The Rossmount Inn

From Saint John, head west along the shore to St. Andrews. Just before you arrive in town you'll pass the Rossmount Inn on your right – which many call the finest restaurant in the province. Order the tasting menu. You're welcome.



@mandiepitre



@yasyee

Saint John ► Pennfield

From Saint John, head west along the coast with an empty belly, and stop at mom and pop roadside haunts Ossie's Lunch (try the seafood platter), Jonesies Take Out & Diner (mmmm burgers and milkshakes) and Comeau's Seafood (clams, clams and more clams). Be sure to plan a stop at McKay's Wild Blueberries, too.

Quispamsis ► Dunhams Run

From Quispamsis, take the Gondola Point Ferry over to the Kingston Peninsula and hang a right. After a short drive you'll find yourself at the best Saturday farmers market in the region. Continue across the peninsula to the other side, and you'll find Dunhams Run Estate Winery, where you can sample delicious vino while walking amongst the grape vines.



@teeamij



the list

Extend, customize, or make your own itinerary!



Visit discoversaintjohn.com (or scan the QR code) for a complete list of dining options in the Saint John region!

Be sure to check business hours, and reservations are recommended.



Take A Sampling Tour

Acadian Sturgeon & Caviar Inc.	30 Carter's Wharf Rd., Carter's Point	506.642.1816	acadian-sturgeon.com
Dunhams Run Estate Winery	35 Gorhams Bluff Rd., Kingston	506.639.1484	dunhamsrun.ca
Golden Dog Beer Tours	Saint John	506.663.8919	goldendogbeertours.com
Moosehead Breweries	89 Main St. W, Saint John	506.635.7000	moosehead.ca
Uncorked Tours	47 Charlotte St., Saint John City Market, Saint John	506.324.4644	uncorkednb.com
Yip Cider	3155 Route 845, Long Reach		yipcider.ca

Café Culture

The Art Warehouse	120 Prince William St., Saint John	506.608.3952	theartwarehousesj.com
Catapult Coffee & Studio	116 Princess St., Saint John	506.642.6442	outflowsj.com/catapult-coffee
ChocoZein	1 Princess St., Saint John	506.609.7511	machawi-of-syria-nb.site123.me
Garden Grove Café	2 Grove Ave., Rothesay	506.847.0800	gardengrovecafe.ca
JavaMoose Coffee	47 Clark Rd., Rothesay	506.848.2908	javamoose.com
	84 Prince William St., Saint John	506.657.7283	javamoose.com
	519 Westmorland Rd., McAllister Place, Saint John	506.633.0033	javamoose.com
Pivot Café	36 Water St., Saint John	506.646.9895	pivotsj.ca
Rogue Coffee	36 Grannan St., Saint John	506.696.3150	rogue-coffee-co.myshopify.com
Shipyards Café	415 Main St., St. Martins	506.833.2231	bayofffundyadventures.com/café
Station 33 Cafe & Yoga	33 Railway Cres., Hampton	506.832.1180	station33.ca

Craft Beer Heaven

Big Tide Brewing Co.	47 Princess St., Saint John	506.214.3311	bigtidebrew.com
Cask & Kettle Irish Gastropub	112 Prince William St., Saint John	506.214.4391	caskandkettle.com
Foghorn Brewing Company	47 Clark Rd., Rothesay	506.216.7000	foghorn-brewing-co.myshopify.com
Gahan House Port City	87 Prince William St., Saint John	506.214.8337	gahan.ca
Gridiron Brewing	74 St. James St., Hampton	506.607.3252	gridironbrewing.com
Hammond River Brewing Company	141 Hampton Rd., Rothesay	506.847.2996	hrbrewing.ca
Hampton Brewing Co.	64 Robertson Rd., Hampton		facebook.com/HamptonBrewingCo/



Long Bay Brewery	82 Marr Rd., Rothesay	506.847.4677	longbaybrewery.ca
Loyalist City Brewing Co.	60 Water St., Saint John	1.855.404.2337	loyalistcitybrewing.ca
Moosehead Small Batch Brewery	89 Main St. W, Saint John	506.635.7000	moosehead.ca/ smallbatch
Picaroon's General Store	32 Canterbury St., Saint John	506.648.9834	picaroons.ca

Farmers Markets

Brundage Point Weekly Market	Fridays, 2pm – 6:30pm, May 28 – September 24	4 Ferry Rd., Grand Bay-Westfield	facebook.com/The-Brundage-Point-Weekly-Market-127514277328101
Kingston Farmers Market	Saturdays, 8am – 1pm, May 1 – October 30	4 Market Ln., Kingston	sites.google.com/view/kingston-farmers-market
Lupine Market	Fridays, 6pm – 9pm, June 4 – September 17	625 Main St., Hampton	thelupinemarket.com
Queen Square Farmers Market	Sundays, 9am – 2pm, May 9 – October 10	Queen Square, Saint John	facebook.com/Queen-SquareFarmersMarket
Saint John City Market	Monday – Friday, 7:30am – 6pm Saturday 7:30am – 5pm, Year Round	47 Charlotte St., Saint John	sjcitymarket.ca
Saint John Night Market	Thursdays, 5pm – 9pm, June – September	North Market St., Saint John	sjcitymarket.ca

Where to Stay

From camping or glamping under the stars to a stay in a 4.5 star hotel – plan the stay that most suits your style from this list of fantastic options!



Scan to view full list
of accommodations



Use this QR code
to jump to our online
resources, including digital
versions of all four community-
curated handbooks, checklists
and activities your family will
love, and even more surprises!

Published by:

ENVISION
Saint John
THE REGIONAL GROWTH AGENCY

Contact

hello@visionsaintjohn.com
visionsaintjohn.com

DiscoverSaintJohn
VisitSaintJohn
DiscoverSaintJohn
DiscoverSaintJohn
DiscoverSaintJohn
#SaintAwesome

VISITOR INFORMATION CENTRES SEASONAL

**Barbour's
General Store**
10 N. Market St.,
Saint John
1.866.GO.FUNDY

**Saint John
Throughway**
1509 Saint John Trwy,
Saint John
1.866.GO.FUNDY

**Hampton
(Old Train Station)**
657 Main St.,
Hampton
506.832.6111

**Brundage Point
River Centre**
4 Ferry Rd.,
Grand Bay-Westfield
506.738.3258

Please be COVID-savvy: follow the rules, call ahead, and stay safe!