



FAMILY ADVENTURES Itinerary



DAY 1

First up, the [New Brunswick Museum](#). While the kids marvel at the life-size models in the Hall of Great Whales and get a dose of hands-on learning, you can take in an art collection or witness the true magnitude of the [Bay of Fundy](#) tides at the Tidal Tower.

When it comes time to eat, just walk out the museum doors and into [Market Square](#) to find dining options to satisfy everyone's appetite, from quick bites to sit-down restaurants. And since you're surrounded by unique shops, you might as well indulge in a little retail therapy while you're here.

DAY 2

Start the day off with a coffee and some quiet time at [Market Square](#). Settle in with a good book or trade off with your partner and relax at the spa while the little ones investigate Canada's oldest public library – the many free activities available are sure to keep them busy. Afterwards, grab some lunch before taking a walk along the waterfront, a beautiful place to snap some family pictures.

Afterwards, cruise over to [Carleton Martello Tower](#). After all, a history lesson is always more exciting when forts are involved – you might even catch a live rifle-musket demonstration.

DAY 3

Today's about connecting with nature in [Rockwood Park](#) (10 minutes from the city centre). Part of [Stonehammer UNESCO Global Geopark](#), the park is filled with geological history and fun for all ages. Try rock climbing on 542-million-year-old lava (all equipment provided), squeeze in a game of golf, go on a hike (there are over 50 trails to choose from), swim the day away at the supervised beach, or visit the zoo – it's all here.

When bellies start to rumble, grab a table at the lakeside restaurant, and if your family loves camping, we'll set the stage for a night under the stars.

DAYS 4 & 5

Craving more time outside? There's no shortage of outdoor excursions between the sites contained within [Stonehammer UNESCO Global Geopark](#) (like forest and coastal exploration at Irving Nature Park) and the famous [Fundy Trail](#), 1 hour outside the city (where the lure of the mysterious Sea Captains' Burial Grounds and breathtaking panoramic views will captivate anyone in your group.)

Families will feel right at home in Saint John – there's so much to see and do, it's easy to fill a week with adventures everyone will love!

If you're traveling with kids, you know that planning is key. This itinerary takes the guess work out of planning a fun family trip, so you can focus on having an awesome time!

THAT'S
#SaintAwesome!

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