

# Sample Digby to Saint John Itinerary - Day 1

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## To Note:

The majority of this itinerary, including the ferry, is dog-friendly.



## Book a crossing on the MV Fundy Rose from Digby, Nova Scotia

The MV *Fundy Rose*, offers daily crossings between Digby, Nova Scotia and Saint John, New Brunswick. All types of vehicles including cars, RVs, trucks, tour buses, and motorcycles, are welcome aboard—as well as walk-on passengers and four-legged friends.

Reduced travel times, plus a host of fantastic amenities make your journey quick and comfortable. Breathe in fresh salt air from the outdoor seating and viewing area on this Digby Ferry, and keep a keen eye on the Bay of Fundy for whales and other magnificent marine life.

### Ferry Schedule



#### Bay Ferries Digby Terminal

680 Shore Rd, Digby, NS, CA, B0V 1A0



## Enjoy Dinner and Relax at Pomodori / Picaroons



#### Pomodori Pizzeria

34 Canterbury Street, Saint John, New Brunswick, CA, E2L 2C5  
(506) 652-6600



#### Picaroons General Store

32 Canterbury Street, Saint John, NB, CA, E2L 2C5  
(506) 648-9834

## Sample Digby to Saint John Itinerary - Day 2



### Explore Nature in Saint John



### Hiking and Lunch with In Step Adventures Split Rock Hike

Just 10 minutes outside of Saint John, this incredible trail follows along the Lorneville Coast to the mouth of the Musquash Estuary. Rugged and beautiful, it was conceived and forged by Leah and Adam Wilkins of ExploreLorneville.ca in a vision to give people the opportunity to take in yet another piece of our incredible Bay of Fundy coast line. The trail has become extremely popular with the locals and trail running community, and a 'not to miss' for hikers coming to visit the area.

4.5 km of moderate difficulty, this trail winds along the bay, overlooking jagged coves and hidden rock beaches. Guides will spot you as you explore a 'split in the rock' cavern and take you down to one of the hidden beaches. Finishing at the Musquash Head Light House, you can opt to hike out at the Lighthouse Road or continue another 2.5 km on coastal trail to Black Beach.

1/2 day adventure includes guides, hiking poles, and In Step Adventure's Signature Picnic Lunch.



#### In Step Adventures

(506) 721-1771



### Spend an Afternoon in Rockwood Park Rockwood Park

One of Canada's largest municipal parks, **Rockwood Park** offers a [campground](#), an Interpretation Centre, [lakes for swimming](#), an [18-hole golf course](#) and a playground. With more than 50km of [hiking trails](#) to explore, the park is a four-season adventure zone with something for everyone. In the summer enjoy [rock climbing](#), [kayaking](#), [hydro bikes](#), [biking](#) and more. Visit in the autumn and enjoy the spectacular colours of the Fall foliage. Explore the park in winter, and enjoy sleigh rides, [cross country skiing](#) and [skating](#).



#### Rockwood Park

Saint John, New Brunswick, CA, E2K

(506) 652-4050



### Enjoy Dinner at Lily's



#### Lily's Cafe

Rockwood Park, Saint John, NB, CA

(506) 693-3586

## Sample Digby to Saint John Itinerary - Day 3



### Explore Uptown Saint John



### Start Your Day with Brunch

Choose from restaurants like:



#### **Britt's Pub & Eatery**

42 Princess St, Saint John, NB, CA, E2L 1K2  
(506) 214-5335



#### **Cask and kettle Irish Gastropub**

112 Prince William st, Saint John, NB, CA, E2L 2B3  
(506) 642-1885



### Explore Uptown Saint John

The only city on the Bay of Fundy packs so much into our vibrant, walkable, historic uptown core. You'll find it hard to choose from over 80 bars and restaurants offering a diverse variety of seafood, pub, and international cuisine created by local chefs, sure to satisfy any craving. Stop at a patio for a pint with a view or pop into a cozy café or lounge for a drink with atmosphere.

Wander the streets of Canada's first incorporated city, observing the beautiful mix of new and historic architecture – one of the best kept collections of historical buildings in Canada, with more than 100 years of architectural styles. Stroll along Harbour Passage and find art, history, and activity – and don't be surprised if you spot a harbour seal along the way!

Spend time shopping, exploring numerous charming boutiques, discover a thriving arts scene, including a dozen galleries within walking distance. Stumble upon an abundance of public art, including murals, sculptures, and installations, both out in the open and hidden in plain sight.

[Historic Walking Tours](#)

[Art in Public Places Walking Tour](#)



### Visit the Saint John City Market

Established in 1876, the Saint John City Market is the oldest continuing farmers market in Canada, and is still a go-to place for local produce, meats, seafood, crafts, and much more. Their food court brings together local and international flavours to create one of the most diverse collections of cuisine on the East coast. Arts and craft junkies can discover all kinds of unique gifts browsing from merchant to merchant. With so much to offer, this iconic market is truly an original experience every time.



#### **Saint John City Market**

47 Charlotte St., Saint John, NB, CA  
(506) 658-2820



### Stop By Area 506 Waterfront Container Village

Explore a diverse collection of retail shops, a large stage performance space, a beer garden, a three-level patio with great views of the stage and Bay of Fundy, food vendors, public art and pop-up activities located within multiple brightly-coloured shipping containers.

Open seasonally, from mid-May to early November, Wednesday - Sunday, 11am - 7pm, as well as holidays and cruise ship days.



#### **AREA 506 Waterfront Container Village**

85 Water Street, Saint John, New Brunswick, CA, E2L 0B1



## Wander Harbour Passage

Stroll along the Saint John waterfront on **Harbour Passage**, exploring public art and city views. Harbour Passage runs along the waterfront from Water Street all the way over to the Reversing Falls Rapids. You can hop onto the walking trail right outside the Hilton Hotel.



### Harbour Passage Trail

Harbour Passage Trail, Saint John, New Brunswick, CA



## Enjoy Dinner at One of 80 Bars and Restaurants in the Uptown Core

Choose from restaurants like:



### Saint John Ale House

1 Market Sq, Saint John, NB, CA, E2L 4Z6  
(506) 657-2337



### Lemongrass - Thai Fare

1 Market Sq, Saint John, NB, CA, E2L 4Z6  
(506) 657-8424



### Peppers Pub

market square, Saint John, NB, CA, E2E  
(506) 657-8424



### East Coast Bistro

60 Prince William St, Saint John, NB, CA, E2L 2B1  
(506) 696-3278

## Sample Digby to Saint John Itinerary - Day 4



### Explore the Towns by the Bay



### Stretch Your Legs in the Towns By The Bay

Ahead of a relaxing afternoon, and on your way to the Town of Hampton for lunch, take the scenic route and check out any number of walking trails between Saint John and Hampton, including:

Rothesay - [East Riverside-Kinghurst Park](#): 0.5 km

Quispamsis - [Hammond River Park Trail](#): 4.3 km

Hampton - [Dutch Point Trails](#): 2 km



### Enjoy Lunch in the Town of Hampton

Choose from restaurants like:



#### Beer Daddy BBQ

1051 Main Street, Hampton, New Brunswick, CA, E5N 6E9  
(506) 608-3571



#### Station 33 Cafe & Yoga

33 Railway Crescent, Hampton, New Brunswick, CA, E5N 5L2  
(506) 832-1180



#### Red Brick Pub & Eatery

43 Railway Crescent, Hampton, New Brunswick, CA, E5N 5L2  
(506) 832-2350



### Enjoy the Afternoon at The Kingston Spa at La Belle Cabane

Start in your private pod with the dry or steam sauna, soak in the cold cedar plunge or hot tub, rest on the heated stone bed or by the fire (repeat or rest) and complete your stay by spending time (approximately 30 minutes) in the shared salt room - an infrared sauna with halotherapy.

Halotherapy is known to be a natural, non-invasive treatment that involves inhaling medical grade microscopic salt particles (MSP) that are emitted in the air by a halogenerator. It is a practice that has been known to be used to treat respiratory and skin conditions, and known to provide other holistic health benefits for relaxation, stress, immunity, sleep and more.



#### La Belle Cabane

1013 New Brunswick 845, Kingston, New Brunswick, CA, E5N 1K3  
(519) 200-8844



### Have a Drink with a View at Yip Cider

In 2021, **Yip Cider** opened a cidery, featuring a beautiful taproom and fantastic views of the Saint John River, just down the road where they have operated an orchard (McKay's) since 1965. All their cider is fermented, matured, filtered, and canned/bottled on site. Enjoy a flight, or cider slushy!



#### Yip Cider

3150 New Brunswick 845, Long Reach, New Brunswick, CA, E5S 2L2  
(506) 763-3890



### Grab Dinner in the Town of Grand Bay-Westfield

Enjoy restaurants like:



#### Eastbound Burgers

208 River Valley Drive, Grand Bay-Westfield, New Brunswick, CA, E5K 1A4  
(506) 738-0900



**Cask and Kettle Irish Gastropub Westfield**

8 Golf Club Rd. , NB E5K 3C8, Canada

(506) 217-9511



**Wok's Taste Restaurant**

3701 Westfield Road, Saint John, New Brunswick, CA, E2M 7T4

(506) 738-1178

## Sample Digby to Saint John Itinerary - Day 5

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### **Board the MV Fundy Rose back to Digby, NS**

The MV *Fundy Rose* has daily crossings between Digby, Nova Scotia and Saint John, New Brunswick. All types of vehicles including cars, RVs, trucks, tour buses, and motorcycles, are welcome aboard—as well as walk-on passengers and four-legged friends.

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